

## MCAA Conference Championships - 5/16/2024

Results will be posted @ wayzataresults.com

International School of MN

Results

## Girls 100 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
Finals						
1	Alaina Burney	10 Spectrum	13.69	13.11	3	10
2	Akira Davila	7 Parnassus Pr	13.33	13.35	3	8
3	Amanda Kehoe	9 Nla/Lila	13.55	13.53	3	6
4	Frantzise Shearer	10 Eagle Ridge	13.46	13.58	3	5
5	Lauren Barnes	9 Legacy Chris	13.74	13.68	3	4
6	Francline Shearer	10 Eagle Ridge	13.59	13.71	3	3
7	Sydney Taylor	11 Spectrum	13.73	13.74	3	2
8	Taiyah Mandt	11 Eagle Ridge	13.72	13.88	3	1
9	Lela Burdick	10 Spectrum	14.03	14.00	2	
10	Violet Huerta	8 Legacy Chris	14.16	14.19	2	
11	Praise Karto	8 Parnassus Pr	14.30	14.41	2	
12	Mariah Jacobson	9 Legacy Chris	14.36	14.50	2	
13	Ellen Richards	10 Nla/Lila	14.86	14.62	2	
14	Emily Mihm	10 Nla/Lila		14.81	1	
15	Jamela Togbeson	9 Parnassus Pr	15.40	14.84	2	
16	Adeline Zahn	9 West Luthera	14.83	14.89	2	
17	Railey Ramsden	9 West Luthera	15.77	15.57	1	
18	Elisha Erickson	10 West Luthera	15.74	15.62	1	

## Girls 200 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1	Alaina Burney	10 Spectrum	27.75	26.79	3	10
2	Favour Adetunji	9 Legacy Chris	27.33	26.84	3	8
3	Gracie Hendley	11 Eagle Ridge	28.04	27.78	3	6
4	Olivia Gilbertson	9 Eagle Ridge	27.41	28.00	3	5
5	Frantzise Shearer	10 Eagle Ridge	27.79	28.36	3	4
6	Ashley Kollie	11 Spectrum	28.90	28.55	3	3
7	Niyah Kreuter	9 West Luthera	28.86	28.68	3	2
8	Jezabel Dimaze	12 Spectrum	29.04	28.72	3	1
9	Violet Huerta	8 Legacy Chris	29.54	29.06	2	
10	Navaeh Kranz	12 West Luthera	31.76	29.70	1	
11	Natalie Wynia	9 Nla/Lila	30.09	30.08	2	
12	Ellen Richards	10 Nla/Lila	31.04	30.10	2	
13	Emily Mihm	10 Nla/Lila		30.33	1	
14	Emeline Daniels	12 Parnassus Pr	29.87	30.41	2	
15	Liyahna Bevis	12 Parnassus Pr	30.99	31.50	2	
16	Hawa Kabba	7 Parnassus Pr	31.40	31.53	2	
17	Skye Brands	10 West Luthera		33.27	1	
--	Alexia Murphy	9 Legacy Chris	30.24	SCR		

## Girls 400 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1	Addisyn Kimmel	11 Legacy Chris	1:02.03	1:00.90	2	10
2	Olivia Gilbertson	9 Eagle Ridge	1:01.55	1:01.43	2	8
3	Grace Thompson	11 Legacy Chris	1:03.55	1:02.71	2	6
4	Amanda Kehoe	9 Nla/Lila	1:04.52	1:03.09	2	5
5	Sydney Taylor	11 Spectrum	1:06.20	1:05.95	2	4
6	Ellen Peckham	12 Spectrum	1:06.30	1:06.54	2	3
7	Grace McCallum	10 Parnassus Pr	1:08.90	1:08.25	2	2

8	Claire Freese	10	Eagle Ridge	1:09.31	1:08.77	1	1
9	Mariah Jacobson	9	Legacy Chris	1:08.94	1:09.62	2	
10	Jaidyn Schempp	12	Parnassus Pr	1:15.27	1:09.92	1	
11	Lily Beck	7	Spectrum	1:09.70	1:10.63	1	
12	Lily Thompson	9	West Luthera	1:16.34	1:12.97	1	
13	Olivia Glocke	10	West Luthera	1:12.94	1:14.14	1	
14	Lily Johnson	10	West Luthera	1:26.20	1:27.73	1	
--	Kara Bolognino	10	Parnassus Pr	1:09.52	DNS	1	
--	Vera Lowenberg-DeBoer	7	Nla/Lila	1:42.92	SCR		
--	Selene Mooney	7	Nla/Lila	1:23.10	SCR		

#### Girls 800 Meter Run

Name	Year	School	Seed	Finals	Points	
1	Hope Beck	10	Spectrum	2:24.58	2:27.96	10
2	Lauren Pahl	11	Eagle Ridge	2:28.93	2:28.90	8
3	Paige Heppner	12	Legacy Chris	2:29.32	2:29.65	6
4	Isabella Lindquist	9	Legacy Chris	2:44.40	2:35.60	5
5	Xandra Jackson	9	Legacy Chris		2:36.48	4
6	Meisha Person	11	Spectrum	2:37.87	2:36.78	3
7	Anja Larsen	10	Parnassus Pr	2:41.81	2:38.06	2
8	Greta Gilbertson	8	Eagle Ridge	2:42.29	2:39.07	1
9	Catherine Haney	11	Eagle Ridge	2:43.14	2:41.10	
10	Megan Whiteley	11	Parnassus Pr	2:41.44	2:43.63	
11	Addison Dahl	12	Spectrum	2:47.65	2:47.80	
12	Abriana Miles	7	Parnassus Pr	3:01.48	3:08.68	
13	Ellie Westbrook	11	Nla/Lila	3:55.35	3:44.73	
14	Emilia Welciek	9	Nla/Lila	3:47.01	3:46.20	
--	Ava Baumgart	9	Nla/Lila	2:32.48	DNS	

#### Girls 1600 Meter Run

Name	Year	School	Seed	Finals	Points	
1	Grace Hahm	11	West Luthera	5:24.18	5:21.03	10
2	Hannah Boese	10	Spectrum	5:19.57	5:21.53	8
3	Hope Beck	10	Spectrum	5:38.04	5:23.36	6
4	Greta Long	12	Eagle Ridge	5:28.53	5:23.87	5
5	Ava Kletti	12	Eagle Ridge	5:31.49	5:24.25	4
6	Trinity Zimmermann	9	West Luthera	5:53.21	5:53.94	3
7	Anja Larsen	10	Parnassus Pr	5:54.74	5:56.22	2
8	Xandra Jackson	9	Legacy Chris	6:03.38	5:58.70	1
9	Ava Meyer	9	Spectrum	6:05.38	6:03.72	
10	Ruby Gilbertson	8	Eagle Ridge	6:19.99	6:14.00	
11	Anna Stromberg	12	Legacy Chris	6:05.91	6:15.25	
12	Winifred Omberg	9	Parnassus Pr	6:15.17	6:16.25	
13	Liana Thompson	9	Legacy Chris	6:37.00	6:21.76	
14	Nadia Santiago-Santos	7	Parnassus Pr	6:25.58	6:24.20	
15	Marisa Lebens	12	Nla/Lila	7:52.47	7:37.45	
16	Emilia Welciek	9	Nla/Lila	7:45.83	8:04.31	
17	Ellie Westbrook	11	Nla/Lila	8:25.38	8:27.96	

#### Girls 3200 Meter Run

Name	Year	School	Seed	Finals	Points	
1	Greta Long	12	Eagle Ridge	11:37.58	11:41.41	10
2	Ava Kletti	12	Eagle Ridge	11:52.81	11:45.96	8
3	Hannah Boese	10	Spectrum	11:25.59	11:50.44	6
4	Grace Hahm	11	West Luthera	11:52.10	12:02.49	5
5	Trinity Zimmermann	9	West Luthera	12:41.28	12:59.15	4
6	Ava Meyer	9	Spectrum	13:10.33	13:28.49	3

7	Maura Schulz	10	Eagle Ridge	13:36.70	13:58.92	2
8	Hannah Bolognino	7	Parnassus Pr	14:25.47	14:05.28	1
9	Winifred Omberg	9	Parnassus Pr	13:30.61	14:32.09	
10	Natalia Jones	7	Spectrum	14:24.15	14:44.10	
11	Hannah Bejjam	10	Parnassus Pr		14:53.88	

Girls 100 Meter Hurdles

Name	Year	School	Seed	Finals	H#	Points
1	Lola Togba	11	Parnassus Pr	16.75	16.30	2 10
2	Joyce Horton	12	Eagle Ridge	17.35	17.09	2 8
3	Katherine Goergen	12	Eagle Ridge	17.90	17.69	2 6
4	Emeline Daniels	12	Parnassus Pr	18.01	18.37	2 5
5	Sarah Smith	11	Spectrum	19.36	19.21	2 4
6	Sophie Anderson	11	Legacy Chris	20.65	19.57	2 3
7	Claire Freese	10	Eagle Ridge	19.58	19.92	2 2
8	Etta Glinsek	12	Spectrum	20.64	19.96	2 1
9	Lydia Frette	8	Spectrum	20.91	20.88	1
10	Mika Kaurov	8	Legacy Chris	21.14	21.25	1
11	Mary Hahm	12	West Luthera	23.43	24.01	1

Girls 300 Meter Hurdles

Name	Year	School	Seed	Finals	H#	Points
1	Kylee Loren	8	Legacy Chris	46.48	46.89	2 10
2	Sarah Smith	11	Spectrum	55.05	52.08	2 8
3	Grace Lelemsis	9	Eagle Ridge	54.33	52.67	2 6
4	Nora Arps	9	West Luthera	53.18	53.73	2 5
5	Lucia Ramirez	9	Eagle Ridge	54.92	54.28	2 4
6	Katherine Goergen	12	Eagle Ridge	56.58	54.47	2 3
7	Mika Kaurov	8	Legacy Chris	56.23	55.53	2 2
8	Lydia Frette	8	Spectrum	55.65	55.90	2 1
9	Sophie Anderson	11	Legacy Chris	57.14	56.31	1
10	Etta Glinsek	12	Spectrum	57.95	57.18	1
11	Cassandra Kuehn	11	Parnassus Pr	57.29	58.16	1
12	Abigail Watzl	7	Nla/Lila	1:11.05	1:16.03	1

Girls 4x100 Meter Relay

School	Seed	Finals	Points
1 Eagle Ridge Academy 'A'	52.37	52.25	10
1) Taiyah Mandt 11			
2) Francline Shearer 10			
3) Gracie Hendley 11			
4) Frantzsis Shearer 10			
2 Spectrum 'A'	52.12	52.98	8
1) Lela Burdick 10			
2) Sayla Dittbenner 8			
3) Lydia Frette 8			
4) Alaina Burney 10			
3 Parnassus Preparatory School 'A'	53.05	53.03	6
1) Akira Davila 7			
2) Praise Karto 8			
3) Peyton Vandal 11			
4) Lola Togba 11			
4 Legacy Christian Academy 'A'	54.35	55.62	5
1) Mariah Jacobson 9			
2) Violet Huerta 8			
3) Alexia Murphy 9			
4) Lauren Barnes 9			
5 West Lutheran 'A'	59.00	59.90	4
1) Railey Ramsden 9			
2) Skye Brands 10			
3) Elisha Erickson 10			
4) Adeline Zahn 9			
6 Nla/Lila 'A'	58.97	1:06.51	3
1) Dani Meyer 11			
2) Rowan Schutz 7			
3) Scarlett Carroll 7			
4) Naroa Segarra 12			

Girls 4x200 Meter Relay

School	Seed	Finals	Points
1 Legacy Christian Academy 'A'	1:49.02	1:47.98	10
1) Favour Adetunji 9	2) Addisyn Kimmel 11		
3) Grace Thompson 11	4) Kylee Loren 8		
2 Spectrum 'A'	1:54.22	1:54.49	8
1) Ashley Kollie 11	2) Sayla Dittbenner 8		
3) Sarah Smith 11	4) Jezabel Dimaze 12		
3 Eagle Ridge Academy 'A'	1:51.21	1:55.37	6
1) Claire Lelemsis 12	2) Micaiah Lange 12		
3) Lucia Ramirez 9	4) Claire Freese 10		
4 West Lutheran 'A'	2:00.00	1:56.02	5
1) Navaeh Kranz 12	2) Julia Tennison 10		
3) Niyah Kreuter 9	4) Nora Arps 9		
5 Parnassus Preparatory School 'A'	2:02.16	2:04.63	4
1) Hawa Kabba 7	2) Liyahna Bevis 12		
3) Emeline Daniels 12	4) Jamela Togbeson 9		
6 Nla/Lila 'A'	2:00.23	2:24.19	3
1) Dani Meyer 11	2) Ava Pastorius 7		
3) Naroa Segarra 12	4) Abigail Watzl 7		

#### Girls 4x400 Meter Relay

School	Seed	Finals	Points
1 Legacy Christian Academy 'A'	4:16.35	4:10.57	10
1) Addisyn Kimmel 11	2) Kylee Loren 8		
3) Grace Thompson 11	4) Favour Adetunji 9		
2 Eagle Ridge Academy 'A'	4:17.70	4:16.03	8
1) Lauren Pahl 11	2) Gracie Hendley 11		
3) Joyce Horton 12	4) Olivia Gilbertson 9		
3 Spectrum 'A'	4:22.85	4:24.88	6
1) Hannah Boese 10	2) Sydney Taylor 11		
3) Ellen Peckham 12	4) Hope Beck 10		
4 Parnassus Preparatory School 'A'	4:43.29	4:46.90	5
1) Kara Bolognino 10	2) Grace McCallum 10		
3) Lucy Krause 9	4) Anja Larsen 10		
5 West Lutheran 'A'	4:48.00	4:49.48	4
1) Olivia Glocke 10	2) Julia Tennison 10		
3) Nora Arps 9	4) Lily Thompson 9		
-- Nla/Lila 'A'		DNS	
1) Marisa Lebens 12	2) Sophie Wilson 12		
3) Selene Mooney 7	4) Emilia Welciek 9		

#### Girls 4x800 Meter Relay

School	Seed	Finals	Points
1 Legacy Christian Academy 'A'	10:20.14	10:30.04	10
1) Paige Heppner 12	2) Isabella Lindquist 9		
3) Liana Thompson 9	4) Anna Stromberg 12		
2 Parnassus Preparatory School 'A'	11:33.75	11:27.18	8
1) Grace McCallum 10	2) Hannah Bejjam 10		
3) Lucy Krause 9	4) Kara Bolognino 10		
3 Eagle Ridge Academy 'A'	10:21.45	11:27.30	6
1) Grace Lelemsis 9	2) Lacey Dobbelmann 10		
3) Callia Scherer 12	4) Maura Schulz 10		
4 Spectrum 'A'	10:42.35	11:31.13	5
1) Ellen Negus 7	2) Daniella Orton 8		
3) Morgan Peterson 9	4) Lily Beck 7		

#### Girls High Jump

Name	Year	School	Seed	Finals	Points
1 Sarah Smith	11	Spectrum	5-00.00	4-10.00	10
3-10 4-00 4-02 4-04 4-06 4-08 4-10 5-00					
P P P O XO O XO XXX					
2 Norah Sosnoski	9	Nla/Lila	4-10.00	4-10.00	8
3-10 4-00 4-02 4-04 4-06 4-08 4-10 5-00					
P O O O XO O XXO XXX					
3 Xandra Jackson	9	Legacy Chris	4-10.00	4-08.00	6
3-10 4-00 4-02 4-04 4-06 4-08 4-10					
P O O O O XXO XXX					
4 Lela Burdick	10	Spectrum	4-02.00	4-06.00	5
3-10 4-00 4-02 4-04 4-06 4-08 4-10					
O XO XO O O XX X					
5 Jezabel Dimaze	12	Spectrum	4-06.00	4-06.00	4
3-10 4-00 4-02 4-04 4-06 4-08					
P O O O XO XXX					
6 Lauren Barnes	9	Legacy Chris	4-08.00	4-06.00	3
3-10 4-00 4-02 4-04 4-06 4-08					
P O XO O XO XXX					
7 Joyce Horton	12	Eagle Ridge	4-10.00	4-04.00	2
3-10 4-00 4-02 4-04 4-06					
P P O O XXX					
8 Natalie Wynia	9	Nla/Lila	4-06.00	4-04.00	1
3-10 4-00 4-02 4-04 4-06					
XO O O XXO XXX					
9 Maria Breidall	9	Eagle Ridge	4-02.00	4-00.00	
3-10 4-00 4-02					
XXO O XXX					
10 Emeline Daniels	12	Parnassus Pr	4-04.00	4-00.00	
3-10 4-00 4-02					
P XXO XXX					
11 Samira Getaweh	8	Parnassus Pr	3-10.00	4-00.00	
3-10 4-00 4-02					
XO XXO XXX					
12 Leah Bolognino	12	Parnassus Pr	4-00.00	3-10.00	
3-10 4-00					
O XXX					

#### Girls Pole Vault

Name	Year	School	Seed	Finals	Points
1 Cambell Remus	9	Legacy Chris	9-00.00	9-09.00	10
5-00 6-00 6-06 7-00 7-06 8-00 8-06 9-00 9-06 9-09 10-00					
P P P O XO O O O XO XXO XXX					
2 Meisha Person	11	Spectrum	7-00.00	7-00.00	8
5-00 6-00 6-06 7-00 7-06					
O O XO O XXX					
3 Bijou Prest	11	Legacy Chris	6-06.00	6-06.00	5
5-00 6-00 6-06 7-00					
P O O XXX					
3 Karolyn Knettel	9	Eagle Ridge	6-06.00	6-06.00	5
5-00 6-00 6-06 7-00					
O O O XXX					
3 Kylee Loren	8	Legacy Chris	7-06.00	6-06.00	5
5-00 6-00 6-06 7-00					
O O O XXX					
6 Nora DeReuil	9	Eagle Ridge	6-06.00	6-06.00	3
5-00 6-00 6-06 7-00					
XO O O XXX					
7 Andrea Lingbeek	9	Spectrum	6-00.00	5-00.00	1.50

5-00 6-00					
O XXX					
7 Daniella Orton	8	Spectrum	5-00.00	5-00.00	1.50
5-00 6-00					
O XXX					
9 Catherine Haney	11	Eagle Ridge		5-00.00	
5-00 6-00					
XO XXX					
-- Zoe Haney	9	Eagle Ridge	6-06.00	SCR	

#### Girls Long Jump

Name	Year	School	Seed	Finals	Points
1 Alaina Burney	10	Spectrum	15-03.00	15-04.25	10
2 Norah Sosnoski	9	Nla/Lila	15-05.50	15-03.50	8
3 Ashley Kollie	11	Spectrum	16-04.50	14-09.75	6
4 Vanessa Sosnoski	12	Nla/Lila	14-06.25	14-04.25	5
5 Peyton Vandal	11	Parnassus Pr	15-00.00	14-02.50	4
6 Amanda Kehoe	9	Nla/Lila	14-08.25	14-02.00	3
7 Kayleigh Kochendorfer	11	Parnassus Pr	14-11.00	14-01.50	2
8 Lucia Ramirez	9	Eagle Ridge	13-00.75	13-10.75	1
9 Sayla Dittbenner	8	Spectrum	14-09.00	13-10.25	
10 Nora Arps	9	West Luthera	14-02.75	13-09.75	
11 Callia Scherer	12	Eagle Ridge	14-01.25	13-07.50	
12 Taiyah Mandt	11	Eagle Ridge	14-01.75	13-02.75	
13 Payton Heineman	8	Legacy Chris	13-04.50	12-10.00	
14 Sophie Anderson	11	Legacy Chris	13-01.50	12-07.75	
15 Leah Bolognino	12	Parnassus Pr	12-07.00	12-05.00	
16 Navaeh Kranz	12	West Luthera	11-10.50	11-11.75	
17 Lauralyn Lackie	8	Legacy Chris	10-11.50	11-01.00	

#### Girls Triple Jump

Name	Year	School	Seed	Finals	Points
1 Norah Sosnoski	9	Nla/Lila	33-07.50	34-03.50	10
2 Vanessa Sosnoski	12	Nla/Lila	32-07.00	33-04.00	8
3 Joyce Horton	12	Eagle Ridge	33-11.00	32-11.50	6
4 Ashley Kollie	11	Spectrum	31-00.50	31-05.00	5
5 Peyton Vandal	11	Parnassus Pr	31-03.00	30-02.00	4
6 Lucia Ramirez	9	Eagle Ridge	29-04.00	30-00.50	3
7 Hope Beck	10	Spectrum	30-02.00	29-09.00	2
8 Liila Supra	8	Eagle Ridge	29-00.00	29-05.00	1
9 Jezabel Dimaze	12	Spectrum	29-08.00	29-04.00	
10 Lauren Barnes	9	Legacy Chris	28-04.00	29-04.00	
11 Natalie Wynia	9	Nla/Lila	28-07.00	29-00.25	
12 Kayleigh Kochendorfer	11	Parnassus Pr	28-01.00	28-07.00	
13 Leah Bolognino	12	Parnassus Pr	29-02.50	28-00.00	
14 Sophie Anderson	11	Legacy Chris	29-02.00	27-07.00	

#### Girls Shot Put

Name	Year	School	Seed	Finals	Points
1 Francline Shearer	10	Eagle Ridge	32-08.00	31-03.25	10
2 Lucy Turner	12	Nla/Lila	29-11.00	30-05.00	8
3 Anna Stromberg	12	Legacy Chris	32-02.00	29-11.25	6
4 Sophie Wilson	12	Nla/Lila	32-06.00	29-04.25	5
5 Lucille Hanson	12	Spectrum	29-10.00	27-09.00	4
6 Alexia Murphy	9	Legacy Chris	29-09.00	27-08.50	3
7 Vanessa Sosnoski	12	Nla/Lila	25-06.00	27-05.75	2
8 Dominika Kozlovska	10	Eagle Ridge	25-07.00	27-00.75	1

9	Denise Smith	11	Parnassus Pr	26-00.00	26-07.50
10	Sydney Taylor	11	Spectrum	26-03.00	26-06.00
11	Mary Hahm	12	West Luthera	24-07.00	26-05.75
12	Susanna Good	11	Eagle Ridge	27-07.00	25-04.75
13	Stasi Murphy	7	Legacy Chris	25-01.25	24-07.00
14	Lydia Peterson	9	Spectrum	25-04.50	24-05.25
15	Danielle Lubeck	12	West Luthera	24-10.00	24-02.00
16	Sharron Solorzano	12	Parnassus Pr	24-03.00	22-08.50
17	Sam Spiedel	9	West Luthera	22-03.00	20-09.00
18	Christina Schanil	7	Parnassus Pr	19-01.00	18-01.25

#### Girls Discus Throw

Name	Year	School	Seed	Finals	Points	
1	Lucille Hanson	12	Spectrum	110-06	102-08	10
2	Sophie Wilson	12	Nla/Lila	85-07	89-01	8
3	Denise Smith	11	Parnassus Pr	90-05	86-04	6
4	Anna Stromberg	12	Legacy Chris	87-04	85-07	5
5	Alexia Murphy	9	Legacy Chris	86-07	72-07	4
6	Lydia Peterson	9	Spectrum	78-03	71-04	3
7	Sharron Solorzano	12	Parnassus Pr	76-04	70-01	2
8	Evan Babula	11	Eagle Ridge	72-11	68-00	1
9	Mary Hahm	12	West Luthera	75-03	67-07	
10	Dominika Kozlovska	10	Eagle Ridge	69-08	65-01	
11	Andrea Lingbeek	9	Spectrum	59-00	61-08	
12	Stasi Murphy	7	Legacy Chris	67-02	60-00	
13	Lucy Turner	12	Nla/Lila	62-03	58-05	
14	Lessley DeMoss	11	Eagle Ridge	60-07	57-11	
15	Christina Schanil	7	Parnassus Pr	58-05	56-03	
16	Danielle Lubeck	12	West Luthera	67-01	55-00	
17	Sam Spiedel	9	West Luthera	55-06	53-02	
18	Scarlett Carroll	7	Nla/Lila	43-08	40-06	

#### Boys 100 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1	Gabe Miest	11	West Luthera	11.47	11.44	3 10
2	Josiah Hendley	10	Eagle Ridge	11.73	11.74	3 8
3	Jacob Brandel	12	Eagle Ridge	11.80	11.87	3 6
4	Holden Dvorak	11	Spectrum	11.64	11.90	3 5
5	Jerry Li	12	Parnassus Pr	11.84	11.98	3 4
6	Aden Khamdamov	12	Spectrum	12.40	12.18	3 3
7	Brennen Bawek	10	Eagle Ridge	11.92	12.21	3 2
8	Colten Schommer	9	Legacy Chris	12.24	12.31	3 1
9	Justin Kucala	11	Legacy Chris	12.44	12.41	2
10	Ethan Alexander	12	Legacy Chris	13.04	12.50	2
11	Chase Sonderup	10	Parnassus Pr	12.89	12.62	2
12	Elijah Miller	10	Spectrum	12.68	12.79	2
13	CJ Schempp	12	West Luthera		12.82	1
14	Nate Speidel	11	West Luthera	12.97	13.04	2
15	Evan Morrison	10	Nla/Lila	13.06	13.22	2
16	Alexander Kochendorfer	8	Parnassus Pr	13.24	13.38	2
17	Will Hertzberg	9	Nla/Lila	14.27	14.12	1
18	Beckett McJames	7	Nla/Lila	14.20	14.25	1

#### Boys 200 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1	Gabe Miest	11	West Luthera	23.12	23.12	3 10
2	Aaron Schuler	12	West Luthera	24.21	23.65	3 8

3	Xander Amiraless	12	Parnassus Pr	24.03	23.96	3	6
4	Holden Dvorak	11	Spectrum	24.42	24.08	3	5
5	Micah Davis	12	West Luthera	24.61	24.46	3	4
6	Jacob Brandel	12	Eagle Ridge	24.59	24.74	3	3
7	Taylor Olson	11	Legacy Chris	25.43	24.99	2	2
8	Ilias Abumayaleh	12	Parnassus Pr	25.46	25.00	2	1
9	Brennen Bawek	10	Eagle Ridge	24.38	25.09	3	
10	Justin Kucala	11	Legacy Chris	25.24	25.60	3	
11	Braylon Kerr	12	Eagle Ridge		25.81	1	
12	Max Mazuir	11	Spectrum	26.62	25.87	2	
13	Daniel Khomich	11	Legacy Chris	25.74	26.77	2	
14	Andre Ringwelski	7	Spectrum	26.50	26.90	2	
15	Evan Morrison	10	Nla/Lila		27.57	1	
16	Henry Daniels	9	Parnassus Pr	27.91	28.86	2	
17	Gabriel Phelps-Johnson	10	Nla/Lila	30.18	29.56	1	
18	Royce Long	7	Nla/Lila	30.04	30.28	2	

#### Boys 400 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1	Dominic Zoa	12	Legacy Chris	51.04	50.17	3 10
2	John Fischer	10	Spectrum	54.63	53.37	3 8
3	Xander Amiraless	12	Parnassus Pr	53.53	53.57	3 6
4	Micah Davis	12	West Luthera	55.28	54.71	3 5
5	Brennen Bawek	10	Eagle Ridge	55.77	55.10	3 4
6	Tyler Bertram	12	Legacy Chris	57.04	56.06	2 3
7	Braylon Kerr	12	Eagle Ridge	54.80	56.23	3 2
8	Chase Lesyinski	11	Spectrum	57.22	56.52	2 1
9	Aden Khamdamov	12	Spectrum	56.20	56.66	3
10	Carson Franze	11	Legacy Chris	56.11	57.53	3
11	John Lander	10	Parnassus Pr	58.58	57.79	2
12	CJ Schempp	12	West Luthera	57.62	58.58	2
13	Bravin Mokomba	10	Eagle Ridge	59.72	59.63	2
14	Henry Daniels	9	Parnassus Pr	1:03.18	1:02.99	2
15	Isaiah Hahm	9	West Luthera		1:07.12	1
16	Sawyer Brandel	8	Nla/Lila	1:10.03	1:07.60	1
17	Beck Stevens	8	Nla/Lila	1:05.47	1:10.84	2
--	Lars Larson	9	Nla/Lila	1:10.16	DNS	1

#### Boys 800 Meter Run

Name	Year	School	Seed	Finals	Points	
1	Aiden Olsen-Gray	12	Parnassus Pr	2:04.78	2:02.90	10
2	Jacob Pfothenhauer	11	West Luthera	2:08.41	2:07.17	8
3	John Fischer	10	Spectrum	2:06.88	2:08.01	6 2:08.003
4	Anders Holland	10	Eagle Ridge	2:07.28	2:08.01	5 2:08.010
5	Miles Dobbelmann	9	Eagle Ridge	2:09.00	2:09.96	4
6	Ryan Guntzel	10	Spectrum	2:14.80	2:11.30	3
7	Dominick Larson	9	West Luthera	2:12.64	2:11.91	2
8	Ethan McDermott	11	Legacy Chris	2:13.15	2:13.14	1
9	Jonathan Vick	11	Spectrum	2:16.10	2:13.35	
10	Hamza Said	10	Eagle Ridge	2:20.29	2:23.18	
11	Timothy Stromberg	8	Legacy Chris	2:26.39	2:24.41	
12	Colin Alexander	11	Parnassus Pr	2:27.59	2:25.59	
13	Sawyer Brandel	8	Nla/Lila	2:49.96	2:44.73	
14	Will Hertzberg	9	Nla/Lila	2:36.90	2:51.26	
--	Tristan Noggle	9	Nla/Lila	2:51.11	DNS	
--	Armand Prest	9	Legacy Chris	2:10.23	DNS	
--	Aiden Emter	10	West Luthera	2:18.40	DNS	
--	Ronan Lander	12	Parnassus Pr	2:06.81	SCR	



## Boys 1600 Meter Run

Name	Year	School	Seed	Finals	Points
1 Jack Nelson	12	West Luthera	4:32.94	4:27.36	10
2 Jacob Pfothenauer	11	West Luthera	4:39.00	4:28.42	8
3 Ronan Lander	12	Parnassus Pr	4:42.44	4:42.10	6
4 Isaiah Boerner	11	West Luthera	4:49.22	4:49.32	5
5 Ryan Guntzel	10	Spectrum	4:47.00	4:49.60	4
6 Kaleb Jones	9	Spectrum	4:55.71	4:53.23	3
7 Gavin Kohler	12	Nla/Lila	4:59.39	4:59.61	2
8 Nathan Dallmann	9	Eagle Ridge	5:05.34	5:00.34	1
9 Parker Anderson	9	Parnassus Pr	5:17.16	5:08.90	
10 Garrett Malik	9	Legacy Chris	5:26.42	5:18.56	
11 Colin Alexander	11	Parnassus Pr	5:36.94	5:27.41	
12 Beck Stevens	8	Nla/Lila	5:43.58	5:35.39	
13 Justin Eaton	10	Eagle Ridge	5:45.88	5:38.16	
14 Calvin Petersen	8	Spectrum	5:50.66	5:44.80	
15 Rhett Noyes	9	Legacy Chris	5:32.25	5:46.93	
16 Truett Blasko	7	Nla/Lila	6:07.81	5:53.17	
-- Teddy Edwards	9	Eagle Ridge	4:54.29	DNS	

## Boys 3200 Meter Run

Name	Year	School	Seed	Finals	Points
1 Jack Nelson	12	West Luthera	9:36.90	9:55.48	10
2 Kyle Dieterle	12	Parnassus Pr	10:36.52	10:15.67	8
3 Isaiah Boerner	11	West Luthera	10:27.81	10:47.45	6
4 Kaleb Jones	9	Spectrum	10:34.13	10:51.04	5
5 Josiah Olson	9	West Luthera	11:02.46	11:04.28	4
6 Nathan Dallmann	9	Eagle Ridge	10:39.41	11:05.47	3
7 Erik Larsen	8	Parnassus Pr	11:18.01	11:34.20	2
8 Brady Johnson	10	Spectrum	11:50.48	11:55.92	1
9 Graham Smith	8	Spectrum	11:51.80	12:29.84	
10 Brayden Carlson	12	Legacy Chris	12:27.34	12:35.80	
11 Blake Anderson	12	Parnassus Pr	12:52.00	12:58.73	
12 Jack Beaudin	8	Nla/Lila	13:10.29	13:19.29	
-- Teddy Edwards	9	Eagle Ridge	11:14.37	DNS	
-- Tristan Lampe	9	Eagle Ridge	10:16.65	DNS	
-- Rhett Noyes	9	Legacy Chris	11:51.96	DNS	

## Boys 110 Meter Hurdles

Name	Year	School	Seed	Finals	H#	Points
1 Joren Rudzitis	12	Legacy Chris	15.66	15.81	2	10
2 Jimmy Paulson	12	Spectrum	17.08	16.82	2	8
3 Kevin Bruski	8	Eagle Ridge	20.02	19.01	2	6
4 Logan Frette	10	Spectrum	19.58	19.08	2	5
5 Trystan Daley	12	Spectrum	20.16	19.58	2	4
6 Noah Hollander	9	West Luthera	20.30	19.59	2	3
7 Daniel Gluharev	11	Parnassus Pr	20.20	20.18	2	2
8 Francisco Castano	11	Eagle Ridge	21.89	21.25	1	1
9 Devin Goshaw	10	Parnassus Pr	21.99	21.30	1	
10 Leonardo (leo) Gullekson	9	Eagle Ridge	22.42	22.39	1	

## Boys 300 Meter Hurdles

Name	Year	School	Seed	Finals	H#	Points
1 Joren Rudzitis	12	Legacy Chris	40.91	41.26	2	10
2 Aaron Schuler	12	West Luthera	44.97	44.52	2	8

3	Jacob Arnold	11	Legacy Chris	45.66	45.00	2	6
4	Jimmy Paulson	12	Spectrum	45.89	45.03	2	5
5	Logan Frette	10	Spectrum	48.03	45.90	2	4
6	Kevin Bruski	8	Eagle Ridge	48.31	46.27	2	3
7	Daniel Gluharev	11	Parnassus Pr	48.78	48.50	2	2
8	Evan Morrison	10	Nla/Lila	51.73	49.33	1	1
9	Noah Edwards	9	West Luthera		50.22	1	
10	Trystan Daley	12	Spectrum	51.78	51.33	1	
11	David Van Gorp	9	Legacy Chris	48.28	51.49	2	
12	Will Hertzberg	9	Nla/Lila	55.63	53.17	1	
13	Zavier Khouth	9	West Luthera	54.13	53.33	1	
14	Devin Goshaw	10	Parnassus Pr	52.87	53.65	1	
15	Royce Long	7	Nla/Lila	59.10	54.96	1	

#### Boys 4x100 Meter Relay

School	Seed	Finals	Points
1 Eagle Ridge Academy 'A'	46.56	46.93	10
1) Cortez Foster 8			
3) Jack Berg 11			
2 Spectrum 'A'	46.78	47.05	8
1) Kaden Chitwood 10			
3) Max Mazuir 11			
3 West Lutheran 'A'	50.00	50.62	6
1) Nate Speidel 11			
3) Jennings Huth 9			
4 Nla/Lila 'A'	54.68	58.04	5
1) Beckett McJames 7			
3) Lars Larson 9			
-- Legacy Christian Academy 'A'	48.18	DNF	
1) Ethan Alexander 12			
3) Taylor Olson 11			
-- Parnassus Preparatory School 'A'	48.36	DQ	Exchange
1) Jerry Li 12			
3) Ilias Abumayaleh 12			

#### Boys 4x200 Meter Relay

School	Seed	Finals	Points
1 Legacy Christian Academy 'A'	1:37.54	1:37.32	10
1) Ethan Alexander 12			
3) Dominic Zoa 12			
2 Eagle Ridge Academy 'A'	1:39.93	1:39.54	8
1) Jack Berg 11			
3) Gabriel Ramirez 10			
3 Spectrum 'A'	1:39.00	1:41.96	6
1) Max Mazuir 11			
3) Chase Lesyinski 11			
4 West Lutheran 'A'	1:46.00	1:46.18	5
1) Nate Speidel 11			
3) Jennings Huth 9			
5 Parnassus Preparatory School 'A'	1:58.63	1:47.35	4
1) Henry Daniels 9			
3) Prince Togbeson 8			
6 Nla/Lila 'A'	1:58.50	2:05.53	3
1) Royce Long 7			
3) Truett Blasko 7			

#### Boys 4x400 Meter Relay

School	Seed	Finals	Points
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1	Legacy Christian Academy 'A'	3:40.15	3:38.06	10
	1) Joren Rudzitis 12	2) Dominic Zoa 12		
	3) Carson Franze 11	4) Colten Schommer 9		
2	Spectrum 'A'	3:41.63	3:40.50	8
	1) Aden Khamdamov 12	2) Ryan Guntzel 10		
	3) Zachary Kranitz 11	4) John Fischer 10		
3	West Lutheran 'A'	3:43.26	3:42.35	6
	1) Micah Davis 12	2) Jack Nelson 12		
	3) Isaiah Boerner 11	4) Jacob Pfothenhauer 11		
4	Parnassus Preparatory School 'A'	3:46.87	3:48.90	5
	1) Ilias Abumayaleh 12	2) Xander Amirales 12		
	3) Aiden Olsen-Gray 12	4) Ronan Lander 12		
5	Eagle Ridge Academy 'A'	3:49.42	3:49.24	4
	1) Bravin Mokomba 10	2) Anders Holland 10		
	3) Miles Dobbeltmann 9	4) Birkir Gudmundson 10		
--	Nla/Lila 'A'	4:48.08	DNS	
	1) Gabriel Phelps-Johnson 10	2) Lars Larson 9		
	3) Tristan Noggle 9	4) Sawyer Brandel 8		

#### Boys 4x800 Meter Relay

School	Seed	Finals	Points
1 Legacy Christian Academy 'A'	8:58.20	8:57.32	10
1) Jacob Arnold 11	2) Ethan McDermott 11		
3) Timothy Stromberg 8	4) Armand Prest 9		
2 Parnassus Preparatory School 'A'	8:56.91	9:03.90	8
1) Parker Anderson 9	2) Kyle Dieterle 12		
3) John Lander 10	4) Josh Carpenter 9		
3 West Lutheran 'A'	9:30.00	9:12.61	6
1) Aiden Emter 10	2) Noah Edwards 9		
3) Dominick Larson 9	4) Josiah Olson 9		
4 Spectrum 'A'	9:33.90	9:23.88	5
1) Zachary Kranitz 11	2) Ethan Edgar 11		
3) Graham Smith 8	4) Tai Warnke 12		
5 Eagle Ridge Academy 'A'	8:54.31	9:37.02	4
1) Hamza Said 10	2) Ernest Kinanga 11		
3) Aidan Le 10	4) Finnigan Black 10		
6 Nla/Lila 'A'	9:47.00	9:38.92	3
1) Maxwell Sandstrom 11	2) Joseph Dolphy 11		
3) Beck Stevens 8	4) Gavin Kohler 12		

#### Boys High Jump

Name	Year School	Seed	Finals	Points
1 Jimmy Paulson	12 Spectrum	6-02.00	5-10.00	10
4-08 4-10 5-00 5-02 5-04 5-06 5-08 5-10 6-00				
P P P P P O O O XXX				
2 Braylon Kerr	12 Eagle Ridge	5-06.00	5-08.00	8
4-08 4-10 5-00 5-02 5-04 5-06 5-08 5-10				
P P XO O O O O XXX				
3 Brandon Knebel	10 West Luthera	5-08.00	5-06.00	6
4-08 4-10 5-00 5-02 5-04 5-06 5-08				
O O O O XO XXO XXX				
4 Daniel Gluharev	11 Parnassus Pr	5-04.00	5-04.00	5
4-08 4-10 5-00 5-02 5-04 5-06				
P P O XO O XXX				
5 Alexander Kochendorfer	8 Parnassus Pr	5-04.00	5-02.00	3.50
4-08 4-10 5-00 5-02 5-04				
P P P O XXX				
5 Elijah Miller	10 Spectrum	5-00.00	5-02.00	3.50

4-08 4-10 5-00 5-02 5-04 P P O O XXX	7 Joren Rudzitis	12 Legacy Chris	5-04.00	5-02.00	2
4-08 4-10 5-00 5-02 P P XO O	8 Maxwell Sandstrom	11 Nla/Lila	5-06.00	5-02.00	1
4-08 4-10 5-00 5-02 5-04 O O O XO XXX	9 Parker Anderson	9 Parnassus Pr	5-00.00	5-02.00	
4-08 4-10 5-00 5-02 5-04 O O XXO XO XXX	10 Joseph Dolphy	11 Nla/Lila		5-00.00	
4-08 4-10 5-00 5-02 O XO O XXX	11 Evan Bare	10 West Luthera	4-10.00	5-00.00	
4-08 4-10 5-00 5-02 XO XO O XXX	12 Logan Frette	10 Spectrum	4-10.00	5-00.00	
4-08 4-10 5-00 5-02 O O XO XXX	13 Karsten Kromschroeder	11 West Luthera	5-02.00	4-10.00	
4-08 4-10 5-00 O O XXX	14 Spencer Tupper	10 Eagle Ridge	5-00.00	4-10.00	
4-08 4-10 5-00 O XO XXX	-- Gerard Tomaszewski	11 Eagle Ridge	4-08.00	NH	
4-08 XXX	-- Jayden Dart	11 Legacy Chris	4-08.00	DNS	

#### Boys Pole Vault

Name	Year	School	Seed	Finals	Points
1 David Van Gorp	9	Legacy Chris	11-00.00	10-06.00	10
6-00 7-00 7-06 8-00 8-06 9-00 9-06 10-00 10-06 11-00 P P P P O O O XO XO XXX					
2 Birkir Gudmundson	10	Eagle Ridge	9-06.00	10-00.00	8
6-00 7-00 7-06 8-00 8-06 9-00 9-06 10-00 10-06 P P P O O O XO XO XXX					
3 Spencer Lampe	9	Eagle Ridge	9-06.00	9-06.00	6
6-00 7-00 7-06 8-00 8-06 9-00 9-06 10-00 P P P P O O XO XXX					
4 Timothy Stromberg	8	Legacy Chris	9-06.00	9-00.00	5
6-00 7-00 7-06 8-00 8-06 9-00 9-06 P P P XO XO XXO XXX					
5 Cale Fiereck	10	Spectrum	6-00.00	7-06.00	4
6-00 7-00 7-06 8-00 XO XO O XXX					
6 Elijah Chickering	10	Spectrum	7-06.00	7-00.00	3
6-00 7-00 7-06 P O XXX					
-- Ben Burns	8	Spectrum	6-00.00	DNS	
-- Jayden Dart	11	Legacy Chris	8-06.00	DNS	
-- Jude Schmitz	11	Eagle Ridge	7-00.00	DNS	

#### Boys Long Jump

Name	Year	School	Seed	Finals	Points
1 Brennen Bawek	10	Eagle Ridge	19-08.00	20-00.00	10
2 Elijah Miller	10	Spectrum	19-08.00	19-11.75	8

3	Jerry Li	12	Parnassus Pr	19-07.50	19-06.75	6
4	Braylon Kerr	12	Eagle Ridge	18-10.50	19-06.00	5
5	Aaron Schuler	12	West Luthera	19-06.50	19-02.25	4
6	Aiden Olsen-Gray	12	Parnassus Pr	19-02.50	18-08.25	3
7	Logan Frette	10	Spectrum	18-00.00	18-04.50	2
8	Everett Hoppe	11	West Luthera	18-08.00	18-00.75	1
9	Maxwell Sandstrom	11	Nla/Lila	17-03.75	18-00.25	
10	Kaden Chitwood	10	Spectrum	17-08.00	17-02.75	
11	Brandon Knebel	10	West Luthera	17-04.00	17-01.00	
12	Cortez Foster	8	Eagle Ridge	17-06.50	16-07.25	
13	Justin Kucala	11	Legacy Chris	18-05.75	16-01.25	
14	Carson Franze	11	Legacy Chris	15-07.25	15-09.00	
15	Teddy Roufs	9	Legacy Chris	15-06.50	14-06.00	
--	Joseph Dolphy	11	Nla/Lila	18-01.00	FOUL	
--	Brandon Cairo	10	Parnassus Pr	15-08.50	FOUL	
--	Tristan Noggle	9	Nla/Lila	14-09.50	DNS	

#### Boys Triple Jump

Name	Year	School	Seed	Finals	Points	
1	Maxwell Sandstrom	11	Nla/Lila	40-10.75	41-04.00	10
2	Jimmy Paulson	12	Spectrum	40-04.50	41-00.00	8
3	Elijah Miller	10	Spectrum	39-06.00	40-11.00	6
4	Aaron Schuler	12	West Luthera	41-07.00	39-00.50	5
5	Jacob Arnold	11	Legacy Chris	38-09.50	37-11.00	4
6	Joseph Dolphy	11	Nla/Lila	36-03.25	37-10.00	3
7	Jerry Li	12	Parnassus Pr	37-11.50	37-08.25	2
8	Elijah Sorenson	10	Spectrum	36-09.50	37-06.00	1
9	Liam Liston	9	Eagle Ridge	36-04.25	36-04.00	
10	Alexander Vandermark	12	Eagle Ridge	35-05.00	36-00.00	
11	Alexander Kochendorfer	8	Parnassus Pr	34-04.00	34-01.00	
--	Ethan Alexander	12	Legacy Chris	34-11.00	FOUL	
--	Bravin Mokomba	10	Eagle Ridge	35-06.00	DNS	

#### Boys Shot Put

Name	Year	School	Seed	Finals	Points	
1	Carter Schulz	12	Parnassus Pr	38-03.00	37-04.00	10
2	Aaron Daniels	10	Spectrum	36-05.00	36-10.25	8
3	Daniel Khomich	11	Legacy Chris	37-08.00	36-04.50	6
4	Theodore Hance	11	Eagle Ridge	34-05.50	35-07.50	5
5	Jacob Hennessy	12	Legacy Chris	34-01.00	35-02.25	4
6	Jonah Caswell	10	Spectrum	33-03.50	34-00.25	3
7	Hans Burfeind	10	Spectrum	36-00.00	33-01.00	2
8	Brandon Cairo	10	Parnassus Pr	31-11.00	33-01.00	1
9	Paul Hahm	10	West Luthera	31-06.00	32-08.00	
10	Joseph Parke	10	Nla/Lila	29-08.00	31-05.75	
11	Owen Hogan	12	Eagle Ridge	29-10.00	31-03.25	
12	Xander Amiraless	12	Parnassus Pr	34-07.50	29-06.50	
13	Mikko Johnson	9	Eagle Ridge	29-11.00	29-01.00	
14	Wyatt Wilson	9	Nla/Lila	30-09.00	28-11.75	
15	Karsten Kromschroeder	11	West Luthera		28-06.25	
16	Eli Taft	11	Legacy Chris	29-11.00	26-10.50	
17	Evan Morrison	10	Nla/Lila	25-08.00	25-08.50	
18	Andrew Ryks	9	West Luthera	26-02.00	25-03.00	

#### Boys Discus Throw

Name	Year	School	Seed	Finals	Points	
1	Elijah Sorenson	10	Spectrum	127-01	118-07	10

2	Karsten Kromschroeder	11	West Luthera	101-10	109-04	8
3	Paul Hahm	10	West Luthera	92-08	104-02	6
4	Carter Schulz	12	Parnassus Pr	112-10	102-11	5
5	John Lander	10	Parnassus Pr	100-05	98-10	4
6	Joseph Parke	10	Nla/Lila	96-07	91-11	3
7	Daniel Khomich	11	Legacy Chris	98-06	91-08	2
8	Wyatt Wilson	9	Nla/Lila	96-03	84-06	1
9	Eli Taft	11	Legacy Chris	94-06	83-01	
10	Hans Burfeind	10	Spectrum	91-05	81-07	
11	Aaron Daniels	10	Spectrum	96-10	77-01	
12	David Bruski	11	Eagle Ridge	69-03	76-03	
13	Theodore Hance	11	Eagle Ridge	83-03	75-10	
14	Owen Hogan	12	Eagle Ridge	76-03	75-09	
15	Jacob Hennessy	12	Legacy Chris	90-09	73-07	
16	Andrew Ryks	9	West Luthera	53-04	65-11	
--	Tristan Noggle	9	Nla/Lila	74-02	DNS	

Women - Team Rankings - 18 Events Scored

1)	Spectrum	180	2)	Eagle Ridge Academy	163
3)	Legacy Christian Academy	141	4)	NLA/LILA	83
5)	Parnassus Preparatory Scho	71	6)	West Lutheran	42

Men - Team Rankings - 18 Events Scored

1)	Spectrum	165.50	2)	West Lutheran	154
3)	Eagle Ridge Academy	116	4)	Legacy Christian Academy	106
5)	Parnassus Preparatory Scho	103.50	6)	NLA/LILA	32